

JULY 2021 SCHEDULE

CLOSING: The center will be closed on Monday the **5th** for the Fourth of July.

Coffee at Delos is now served every Thursday morning from 9 to 10 am. Stop by for a pastry and a cup of coffee. Pastries are provided by a different sponsor each week.

The Parkinson Support Group meets here at the center on the second Thursday of the month from 11-12pm.

Vintage Story Time will present a new dramatic reading on Friday the **23rd** from 12 - 1 pm. Please bring a sack lunch to enjoy while listening.

We have resumed card games & games. Masks are now optional, but please continue to use hand sanitizer frequently. Thank you.

Heart of Kansas Quilt Guild will meet on Monday the **26th**.

Happy Birthday! We will celebrate birthdays for the months of January through July with a **Birthday Concert** on Tuesday the **6th** given by the Mood Swings Band, featuring Jim Fetters and Charley Moyers. Please drop in to listen and stay for a cupcake and punch afterwards. The concert begins at 3:30 pm in the Auditorium.

Breakfast Tidbits is back! Stephanie Irvin with Humana will host our July Breakfast Tidbits on Tuesday, July **20th**, from 8:30 am to 9:30 am. Sign up with Jody to enjoy a hot biscuit & gravy casserole, followed by an informative, educational presentation. The topic for this month's Tidbits will be "Decompressed from Stess."



Lisa Radi will host **Simply Good** on Monday the **12th**. Please **sign up** with Jody if you are interested.

No Dancercise class on Monday **AM** the **26th** due to the Quilt Guild meeting.

Free **Legal Consultations** are given by Kristen Armstrong twice a month. Call Jody to make an appointment.

Low Vision will meet on Wednesday, July **14th**, at 1:30 PM.