

August 2022

Matt Reeves is our guest chef for this month's **Simply Good** on Monday the **8th**. Matt is the chef for Wesley Towers. Don't be late; class starts at 1:30 PM.

The **Emancipation Day Parade** will be held on Saturday the **6th**. Come out at to see our float, and be sure to bring the grandkids as we are giving away candy. See you there!

The August **Fused Glass Ornaments** class will be held on Thursday the **4th**.

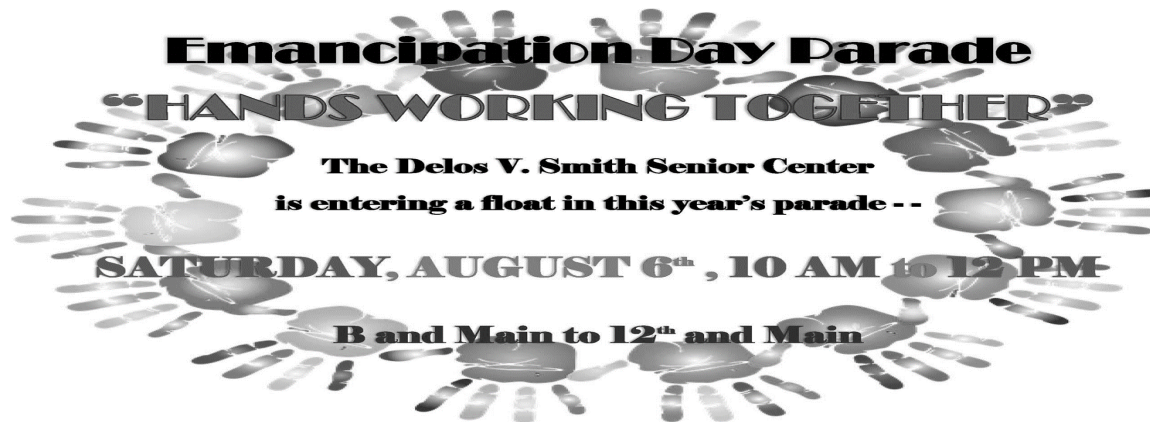
Dancercise will not meet on the **29th**.

Heart of Kansas Quilt Guild will meet on Monday the **29th**.

Dance, Dance, Dance! will not meet on the 8th or the 29th.

Pinochle has been suspended due to lack of interest.

Vintage Story Time will not be held in August. The Vintage Readers Theatre is taking a summer break. They will return in September.



Kansas Legal Services is back for our August **Breakfast Tidbits** on Tuesday the **16th**. Candace Bridgess and her staff will educate us on fraud and scams. We will start serving a breakfast casserole, fruit, and muffins at 8:15 AM, so we will be ready to listen by 8:30 AM. The breakfast is free, but you must sign up with Jody or Erin.



Caregiver Support Group will not meet again until November.

Low Vision will meet on Wednesday the **10th** at 1:30 PM.

Blood Pressure Clinic is on Thursday the **11th** from 9 -10 am.

The Parkinson Support Group meets on Thursday the **11th** from 11-12pm.

Legal Consultation appointments will not be available until mid-September.